

December 2022

Vernon Elementary School

This Institution is a equal opportunity provider.
 .**Vegetable Bar every Tuesday N Thursday. Juice is 100%.
 Menus Subject to change. Milk Served with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
*****	*****	*****	1 Biscuit W/Sausage Gravy Blueberries, Milk, ***** Ham, Spinach, Pinwheel Baked Beans Veggie Bar Peaches, Milk	*****
5 Harvest Egg Quiche Peaches, Milk ***** Chicken Noodle Casserole Peas and Carrots Green Beans, WG Roll Mixed Fruit, Milk	6 Bagel W/ Cream Cheese Pears, Yogurt, Milk ***** Tamales Spanish Rice, Beans Diced Lettuce, Tomatoes Pears, Milk	7 Sausage, Egg Breakfast Sandwich Applesauce, Milk ***** Christmas Dinner Ham, Cranberry, Wild Rice Broccoli, WG Roll Apple Crisp	8 Biscuit W/ Gravy Sausage Peaches, Milk ***** Cooks Choice Veggie Bar, WG Rolls Peaches, Milk	*****
12 Scrambled Eggs, Sausage WW toast, Peaches, Milk ***** Spaghetti W/ Garlic Bread Carrots Peaches, Milk	13 French Toast, Sausage Orange Smiles, Milk ***** Cheese Enchilada Diced Lettuce, Tomatoes Spanish rice, Beans Pears, Milk	14 Frosty Cinnamon Rolls Yogurt, Applesauce, Milk ***** Salisbury Steak Mashed Potatoes Baked Beans, Mixed Veggies Applesauce, Milk	15 Biscuit W/Sausage gravy Peaches, milk, ***** Sack Lunch (Ham Sandwich) Sun Chips Carrot Sticks Applesauce, Milk	*****
19 Winter Break	20 Winter Break	21 Winter Break	22 Winter Break	
26 WinterBreak	27 Winter Break	28 Winter Break	29 Winter Break	