

March 2023

Vernon Elementary School

This Institution is a equal opportunity provider.
 .**Vegetable Bar every Tuesday N Thursday. Juice is 100%.
 Menus Subject to change. Milk Served with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
*****	*****	1 Scrambled eggs,Sausage Applesauce, Milk ***** Teriyaki Chicken Steamed Rice Broccoli Red Apple, Milk	2 Biscuit W/Sausage Gravy Blueberries, Milk, ***** Ham Spinach pinwheel Sweet Potato fries Baked beans Peaches, Milk	*****
6 Scrambled Eggs W/Toast Peaches, Milk ***** Orange Chicken Steamed Rice Peas N Carrots Peaches, Milk	7 Bagel W/Cream cheese Mixed fruit, Milk ***** Nachos supreme Spanish Rice, Beans Diced Lettuce, Tomatoes Mixed fruit, Milk	8 Pancakes W/ Blueberries Applesauce, milk ***** Beef Stroganoff Steamed Broccoli Mixed Salad Cinnamon apples, Milk	9 Biscuit W/ Gravy Sausage Peaches, Milk ***** Hamburger W/Pickles Baked Beans Veggie Bar Peaches, Milk	*****
13 ***** No School!!!!	14 * * * * * Spring Break!!	15 ***** No School!!!	16 * * * * * Spring Break!!!!	*****
20 Oatmeal W/Toast Blueberries, Milk ***** Oven Roasted Chicken Mashed Potatoes Carrots Peaches, Milk	21 Cheese crisp W/Salsa Mixed fruit, Milk ***** Tacos W/Lettuce Veggie Bar Beans, Spanish Rice Mixed fruit, Milk	22 Pancakes W/Sausage Applesauce, Milk ***** Chicken N Noodles Mixed salad, WG Roll Steamed Broccoli Apples, Milk	23 Biscuit W/Sausage gravy Peaches, Milk ***** Cheese Pizza Cookie Veggie Bar Peaches, Milk	
28 Scrambled Eggs,Sausage Peaches,Toast, Milk ***** Salisbury Steak Mashed Potatoes, WG Roll Mixed Vegetables Peaches, Milk	29 Breakfast Burrito/ Salsa Mixed fruit, Milk ***** Chili Cheese Fries WG crackers Veggie Bar Mixed fruit, Milk	30 French Toast Strawberries, Milk ***** Spaghetti W/Garlic bread Steamed Broccoli Carrots Apple, Milk	31 Diced Potato casserole Peaches, milk ***** Chili Dog French Fries Veggie Bar Peaches, Milk	

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